



DERBY SENIOR CENTER NEWS

Visit us at 293 Main Street, Derby, CT 06418 • Call us at 203.736.1484 • Email us at seniorcenter@derbyct.gov

April 2022



Did you Know? Derby is the smallest city in CT by area at 5.3 square miles.

CENTER INFO

Hours of Operation:

Monday -Friday: 8:30 am - 4:30 pm

Any changes will be posted.

Our Staff

Christine Sonsini | Executive Director

Phone: 203-736-1485

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Dawn Hebert Assistant Director

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i In the case of inclement weather please check WTNH Ch 8 news for updates on closings or delays.. Any questions please call the center.

QUOTE OF THE MONTH:



POINTS OF INTEREST

- The Elderly Commission meeting will be held on Monday, April 4th at 3:00pm
- The Executive Board will meet on Tuesday, April 5th at 10:00am
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, April 12th , 12:30-2:30pm
- Medicare Counseling is available for those of you who have questions on Medicare. Please call the center at (203)736-1484 to schedule an appointment
- Membership-Reminder: If your last name begins with A-N your renewal was due in Jan. If sending in your membership please include a self addressed stamped envelope. Going forward if your membership is 6 months overdue you will no longer receive a newsletter until your membership is brought up to date.

Volunteers:

We are looking for Volunteers to call Bingo on Tuesdays from 1pm—3pm sign up in main office. And assist with other tasks, If interested please contact the office.

Facebook page—The Derby Senior Center's Facebook page is up and running . Please stop by and like our page.

Email—If you have an email address, please kindly call the office so we can add it to our records. This will make communication easier in times like these.



Celebrating-Easter.com



WELCOME TO THE DERBY SENIOR CENTER

The Centers purpose is to serve as a resource center providing a broad range of services and activities to meet the diverse social, physical, and intellectual needs of older adults.

NEW INFORMATION

- ◆ We have availability of a limited supply of Covid 19 at home test kits and N95 mask for members . Please stop by the center to pick up if you are in need of one.
- ◆ You can obtain 4 at home test kits per household for free by going to covidtests.gov and entering your information. If you need any assistance please contact the center.
- ◆ TAX PREPARATION provided by AARP will continue through April 14th from 9-11 with appointments available each Thursday. Please call the center for an appointment and see insert for further information needed.
- ◆ We had a donation of incontinent supplies. If anyone needs some please contact the center.
- ◆ **PINOCLE PLAYERS WANTED**— Group meets Thursdays 9:30– 12:00.
- ◆ **KITCHEN STAFF HELPERS** needed to assist in the kitchen for food prep and on the day of our special luncheons. Please contact the center if interested.
- ◆ If your parking sticker is faded and difficult to read please stop by the center for a new one.
- ◆ The Knitting & Crocheting Group is asking for yarn donations. Any donations would be greatly appreciated.
- ◆ St Vincent DePaul—237 Roosevelt Dr., Derby is looking for volunteers to fill a variety of openings. Please stop by if you are interested.
- ◆ **UPCOMING LUNCH & LEARN - NORMAL AGING or MEMORY LOSS** presented by Bridges—May 12th

to reach the senior market

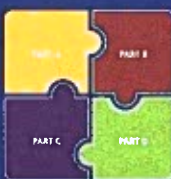
Call (800) 477-4574

Puzzled about Medicare?

Medicare options can be confusing.
Let me help you put the pieces together.

I specialize in helping people better understand their Medicare benefits. My approach is simple: We discuss your individual goals and needs, and then I help you understand your choices and select the plan that's right for you. Contact me today to schedule your free consultation.

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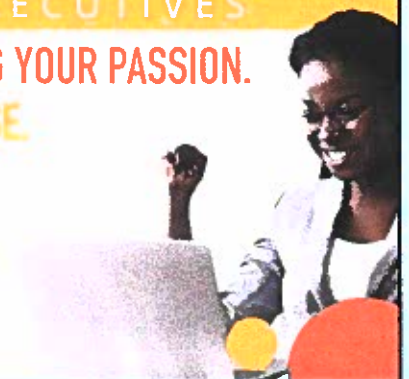
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www.4lpi.com/careers



MONTHLY REMINDERS

Haircuts

Haircuts are currently on hold until we find a new stylist. **If you know of someone interested please ask them to contact the center.**

Veterans Services & Benefits

Please contact Gabor Kautzner at (203)736-1484 to set up appointment on Fridays

Parish Nurse Blood Pressure Screenings—Tuesday, April 12th, 12:30—2:30pm

Reiki—Thursdays by appointment only. Please contact the center to schedule Sign In

PLEASE remember to sign into the building when you enter.

There are sign in sheets on desks in both entrances. Please fill in all sections. Also sign in on program attendance sheets.

Special Events Meals

Please note that special events meals need to be paid for by the Friday prior to the event. You may mail in a check if you prefer. **NO refunds**

MEALS

**EASTER LUNCHEON
THURSDAY, APRIL 7TH
12 NOON**

Baked Ham, scalloped potatoes, mixed veggies and rice pudding

\$10.00

**RSVP WITH PAYMENT BY
MONDAY, APRIL 4TH**

APRIL CENTER UPDATES

Volunteer sign in book—on desk at entrance—please sign in if volunteering.

AARP Safe Driving Course

Online option:

www.aarpdriversafety.org We are scheduled to begin in-person classes in March 31. Cost is \$20 for AARP members and \$25 for non members. Please note that discount applies to CT licensed drivers only. Out of state drivers please check with your insurance carrier. Please contact the center to sign up.

Volunteers We are still in need of bingo callers. We ultimately would like to have 4 so that everyone who would like to play can, people only have to commit to calling 1 time a month and we have coverage for vacations, etc.

HOURS—Monday—Friday 8:30—4:30pm

ANNOUNCEMENTS—Please read From the Director's desk below for new information.

Crafts/Events Group—We are looking for members to join our Crafts/Events group. The group meets on Thursdays and assists with special events, menu planning, new program ideas, event decorating, crafts, etc. If interested or have questions please contact the center or stop into a meeting. All are welcome.

Knitting & Crochet Group—is in need of donations of yarn for their group. Please drop off donations at the center during business hours.



APRIL ANNOUNCEMENTS

From the Director's desk:

Hello Everyone!

Spring is upon us and we are one step closer to warmer weather. Even though we are still in a pandemic, covid numbers are trending downwards. Masks are currently optional at the center if you are fully vaccinated. If you are not vaccinated we are asking that you continue to wear a mask while inside the center. This will ensure the safety of all and assist us in remaining open. If you have not already done so, please stop by the center and show us your vaccine card so we can add you to the list. Thank you all for your cooperation and understanding during the last 2 years

VERY IMPORTANT INFORMATION: If you park in the parking garage for programs you must have a parking sticker on your car or you will be ticketed. If you currently do not have a parking sticker please stop by the office with your car info and license plate number and we will give you one.

Tax season is in full force AARP is providing tax preparation here on

Thursdays thru April 14th. This is by appointment only on Thursday. Call the center to reserve your space.

I have a limited amount of Covid 19 at home test kits and N95 masks for members. If you need one please call the center to arrange a pick up. 1 kit & mask per person.

Please make sure that you are signing in when you come into the center as well as for each program that you attend.

We are here daily if you have any questions, concerns or just would like to chat for a few minutes. Please stay healthy and safe. And have a wonderful holiday!

Best regards,
Christine Sonsini

PLEASE NOTE: Please check your parking sticker in your car. If it faded and difficult to read please stop by the office and get a new sticker. This is to insure that you do not receive a parking ticket in the garage. Thank you.

In Memory Of. Please keep all those who have passed in your thoughts and prayers especially Executive Board Member Elaine Maturo.

DERBY SENIOR CENTER

293 Main Street
Derby, CT 06418-1938



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Address: 293 Main Street Derby, CT
06418

Phone: (203) 736-1484

Email: seniorcenter@derbyct.gov

Fax: (203) 736-1486

CURRENT TRIP SCHEDULES—CALL DAWN FOR SIGN UP OR INFO

Transportation for seniors is available 5 days a week from Valley Transit District (VTD) For more information or to schedule a pick up call 735-6408 Free transportation to & from the center on Tuesdays—call VTD 24 hour in advance for pick up

Mohegan Sun Casino Trip with Oxford (7 slots available)	Price \$30	April 26, 2022
Luncheon Show at Chowder Pot featuring Rich Wilson	Price \$94	April 26, 2022
Lunch at Storowtown Tavern & Matinee Show at Majestic Theater (9 to 5 The Musical)	Price \$109	May 5, 2022
Lunch at The Aqua Turf with a performance by Dancing Dream—ABBA Tribute Band	Price \$106, tickets only \$86	May 18, 2022
St. Clement's Castle - "I Write the Songs" The Music of Barry Manilow	Price \$109	June 14, 2022
1 1/4 lb Lobsters at the Log Cabin—Lou Villano & Paul Anka	Price \$125	July 20, 2022
Lunch at The Aqua Turf with performance by The Jersey Tenors & Four Seasons	Price \$109, 5 tickets only \$86	August 10, 2022
Essex Steam Train & Riverboat	Price \$128	August 25, 2022
Amarante's Sounds of Summer music with Jimmy Russo	Price \$97, tickets only \$77	September 8, 2022

LONG TRIPS

Colorado Rockies (9 days)	Price \$2999pp/dbl \$3699 single	May 20-28, 2022
Alaska Discovery Land & Cruise (12 days)	Price \$5499 pp/dbl \$8399 single	June 28-July 9, 2022
Danube River Cruise (11 days) \$99 R/T air fare	Price \$4498 pp/dbl \$6648 single	Sept. 25- Oct 5, 2022
Irish Splendor (8 days)	Price \$2899pp/dbl \$3249 single	Oct 5-12, 2022

Please see center for flyers or call for further information

ALL TRIPS SUBJECT TO CANCELLATION - If minimums are not met

Address: 293 Main Street Derby, CT Phone: (203) 736-1484 Email: derbyctseniorcenter@gmail.com Fax: (203) 736-1486

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1) 10:00 Grocery Shopping w/ VTD 11:00 Quilting Class
4) 10:00 Chair Yoga 11:45- Strength Training Class with Bobbi 3:00—ELDERLY COMMISSION	5) 11:00—Tai Chi 10:00 - EXECUTIVE BRD. MTG. (Please note date change for this month) 1:00-3:00 Bingo	6) 9:30 Gentle Yoga 10:00 Painting 11:45 Strength Training with Bobbi	7) 9:30 Mahjongg 9:30/12:30 Pinochle 10:00 Knitting & Crocheting 10:30 Reiki (by appt) 12:00 EASTER LUNCH	8) 10:00 Grocery Shopping w/ VTD 11:00 Quilting Class 11:00 Sunflower wreath class—\$15.00 Limited to 10 people
11) 10:00 Haircuts 10:00 Chair Yoga 11:45- Strength Training Class with Bobbi	12) 11:00 Tai Chi 12:30 Parish Nurse BP Screening 1:00-3:00 Bingo	13) 9:30-Gentle Yoga 10:00 Painting 11:45—Strength Training with Bobbi	14) 9:30 Mahjongg 9:30 /12:30 Pinochle 10:00 Knitting & Crocheting 10:30 Reiki (by appt) 1:00 Easter Bunny Cupcake Class	15) CENTER CLOSED IN OBSERVANCE OF GOOD FRIDAY. HAPPY EASTER TO YOU AND YOURS! 
18) 10:00 Chair Yoga 11:45- Strength Training Class with Bobbi	19) 11:00—Tai Chi 1:00-3:00 Bingo	20) 9:30- Gentle Yoga 10:00 Painting 11:45- Strength Training with Bobbi	21) 9:30 Mahjongg 9:30/12:30 Pinochle 10:00 Knitting & Crocheting 1:00—Crafts/Events Group 10:30 Reiki (by appt)	22) 10:00 Grocery Shopping with VTD 11:00 Quilting Class 11:00 Sunflower wreath class—\$15.00 Limited to 10 people
25) 10:00 Chair Yoga 11:45- Strength Training Class with Bobbi	26) 11:00—Tai Chi 1:00-3:00—Birthday Bingo	27) 9:30-Gentle Yoga 10:00 Painting 11:45- Strength Training with Bobbi	28) 9:30 Mahjongg 9:30/12:30 Pinochle 10:00 Knitting & Crocheting 1:00—Crafts/Events Group 10:30 Reiki (by appt)	29) 9:30- Craft class with Ansonia HRD Students 10:00 Grocery Shopping w/ VTD 11:00 Quilting Class

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